CROSSED ANCHORS

OFFICIAL PUBLICATION OF THE WINSTON-SALEM SAIL AND POWER SQUADRON August, 2012 Volume XXII No. 6

Catawba Queen Cruise

Frank couldn't make the Lake Norman Cruise, but he's got his own Catawba Queens!

August

WSSPS MEETING

15 Aug.

Claiborne Young

"Cruising on the East Coast"

Big Shotz
Clemmons

Social: 6:00 pm
Meeting: 7:00 pm

Guests Welcome Anytime

UPCOMING EVENTS

15 Aug.	**Membership Meeting with Claiborne Young**
17 Aug.	Cruise & Raft-up Beaufort
1-5 Sept.	Coastal Cruise to Oriental
8 Sept.	Commander Picnic at Creekmore High Rock Home
15 Sept.	Van trip to 3 Yadkin Valley Winerys ($35 pre-paid at Aug. 15 mtg)

Squadron Contacts

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Lt/C Bill Davis, SN	WLD122@aol.com (336) 817-0347
P/C Wayne Creekmore, JN	creek2k@yahoo.com (336) 859-3773
P/C Dawn Gaskill, AP	dawnatg@aol.com (336) 785-0996
Lt/C Kathi Vestal, S	kbvestal@triad.rr.com (336) 368-5046

Feel free to contact any of the above officers if you have questions.
All club meetings are open to the public.

From the Helm

Cdr. Debbie Mayfield, S

The summer is coming to an end and it has been a scorcher. We have some boat trips and rendezvous coming up during the next couple of months. We had a blast on the cruise on the Catawba Queen on Lake Norman. It was a pretty day and the food was good and the company of our fellow squadron members even better.

The Commander's Picnic will be at High Rock Lake on September 8 and is being hosted by Wayne and Becky Creekmore. We are planning a hot dog and hamburger cookout and will need a count of who's going so we can buy the right amount of food. As with our Tatum Farm picnic, we are asking everyone to bring a side dish or a dessert, what they want to drink and a chair. Cost will be $5/person.

The following Saturday, September 15, a wine tour, is planned by Tom and Cathy Loveless. We will be asking you to pre-pay at our upcoming meeting so we can reserve the vans. The cost will be $ 35/person and will cover the van rental, gas, and tastings at three Yadkin Valley Vineyards: Westbend, Sander's Ridge & Old North State. We will plan to eat dinner at Old North State, but we encourage you to bring some snacks like crackers and cheese to eat along the way.

Please review the calendar in this newsletter to see other upcoming meetings, events, and cruises for 2012. If you have any suggestions or would like to volunteer to help, please let Bill Davis know. In addition, we are planning on offering a Fall ABC 3 Class and instructor training in the fall. If you are available to teach or would like to attend ,please let Dawn Gaskill, our Education Officer knows. Everyone is encouraged to participate.

It is getting to be time for Merit Marks and everyone needs to be making a list of their contributions for the squadron to submit for Merit Marks. An email will be coming out the end of September to be submitting your information.

I would like to thank all of you for the support you provide the WSSPS. Each of you donates the necessary skills and talents to make this a great squadron year after year. If there is anything I can do for you, please don't hesitate to contact me.

Education Officer

P/C Dawn Gaskill, AP

The fall is approaching, great for cooler weather, but now is the time to get into our classes. Currently we have set-up 2 classes.

INSTRUCTOR DEVELOPMENT: Unlike other USPS courses, the Instructor Development course is not designed to enhance boating skills. Rather, its emphasis is on enhancing instructor skills. The course has been designed to demonstrate interactive teaching methods focused on adult learning. Students are required to prepare lesson plans and give four presentations to their peers utilizing a variety of teaching aids and presentation skills. Each presentation is to be given on a topic from one of the public boating classes with the intent that upon completion of the course every student will be qualified to teach or proctor at a squadron boating class.

Tuesdays, September 4, 11, and 18 Location: Winston-Salem Central Library

On September 4th we will also want the students who need to be re-certified as instructors to come and help out and be reminded about a few tips to help teach new adult students.

FALL BEGINNING BOATING COURSE: Popular introductory class known as ABC 3.

Thursdays, October 4, 11, 18, 25 & November 1. From 1830 till 2030 Location: Oldtown Recreation Center, Shattalon Dr.

We request you put out posters advertising this great course. Encourage co-workers, friends, neighbors, and anyone you run into to consider joining the WSSPS group and they can "get their toes wet" with this course.

For more information on these courses or if you are interested any other course, call:
Dawn Gaskill 785-0996 or email me at: DAWNATG@AOL.COM

Administrative Officer

Lt.C Bill Davis, SN

It's hot and I will have gone to the Old Thresher's Reunion in Denton, NC when it's 98 °F outside by the time you read this. I needed a railroad jack and I wanted to check out the flea market for one. I know that beer you have been sucking on this summer got warm way too fast and we all know what warm beer tastes like. I don't blame you for "accidently" falling overboard to cool off a bit. And if you hadn't heeded Carol's advice from the June general meeting about using sunscreen you have irreparably added to the damage of your skin. As a side note (Why are you surprised that I have a side note) before we had so many chemicals to make farming easier we spent our summers in the sun cultivating the crops day after day after day until they were too big to get thru with the tractor. I typically started out every day by singing the Star Spangle Banner just like they did on TV back then. Then I would sing every song I knew all during the day to pass the time. (Hold on, I'm getting to a point here.) A ball cap and short sleeves were my typical attire but I learned at an early age that my nose and chin and particularly my arms got burned from all that exposure. In fact my arms actually hurt from the sunburn. So with what brain cells that were not burnt I realize I needed to wear long sleeve shirts and a larger hat. Pictures of my grandfather William Mack Davis showed him in the field with a straw hat so I didn't invent the concept. You will notice in the picture above I am wearing a large straw hat fishing with my grandson. You probably will point out to me that I am violating my own rule with the short sleeve shirt but this is a rare exception. My hands have numerous sunspots now from years of working outside but my arms are relatively clear of defects so I am living proof of what Carol was advocating. There, my point.

Talking about the auction we had at John Tatum's in May (Yes we were talking about it, don't you remember) I once offered for an auction in Greensboro a weekend at the farm. Other people had beach houses and big boats to offer time in/on but this was the best I could come up with. Well amazingly a couple paid $225.00 for that weekend and it turned out, so they said, one of the most enjoyable weekends they had ever had. He got to drive three of the four tractors I maintain there. He almost forgot to pull back on the hand clutch of my '51 John Deere "B" as he drove it into the shelter and managed to only destroy one old wooden table. I didn't care as long as he was having a good time. I can talk the ears off a brass monkey when I get started so we had fun visiting. Anyway, and I got another point here, maybe we should get a little more creative with our auctions.

If you made the trip on the Catawba Queen July 28th you got to see how all the poor people live along the Lake Norman shoreline. Very sad. The boat had air conditioning on the first level deck and open air sitting on the upper deck. Most of the group chose to perspire. Actually is was a very pleasant day so being on the upper deck was fine. We have Claiborne Young coming to the August general meeting. It is air conditioned there too.

Fish House Chronicles

By P/C Don Breault, AP

Fill Your Bucket List

I was never worried before, but now I am getting a little nervous. These predictions of doom and end of the world on December 21, 2012. I know this is foolish to believe these predictions, but someday a delusional fruitcake will get it right. I hope it will not be for a long while. Until then, we will have to deal with the normals of day to day life. But this does bring a thought to my head. Have you ever thought about a bucket list? I mean a real "Kick The Bucket" list. Yes folks, I am talking about that real genuine dream of experiences and things we want to do before it is too late to do them. Too late because we waited too long or too late because we thought that there may be more important things to do that make more sense than fulfilling a dream you have always had. Fulfilling a journey to a destination you always wanted to go to. Sailing on a boat into a sunset with a destination to no where. Or just taking the plunge into owning a boat one day that you can use as a vacation condo.

When the end of times grows near, we tend to think about our life in retrospect and about those things that we wanted to do or accomplish. Did we complete those goals we set in our lives many years ago? Did we achieve those feats that we thought were worthy of leaving our mark in the concrete of time. Did we visit those places we thought were once in a lifetime opportunity to see? Did we have those experiences we thought were exotic and too distant to see in our normal day to day life? As you continue to age or as the end of days grows near, you keep asking yourself if the life you have led all along was the one that you would choose again. Or is there something that you keep asking yourself, I should of, or could of, or wished I had.

Well the time is now. Stop thinking about those times you could have wasted. Remember the older man who was talking to several of his grand children and all of their friends about his dream of owning a brand new Harley Davidson Fat Boy and his vision of setting off into the sunset on a road trip to no where? Then when asked did he ever do it, he replied "NO" I used the money to buy siding for the house instead. Don't be that older person talking about those dreams you once had. Start living the dream now.

You do not have to be rich and famous to live most dreams. You do not have to give up your life style you like now to add a little spice to your leisure time. You can always find a way to live that dream. Make a plan, set a time in the immediate future and check them off one at a time. In essence, make your bucket list!!

If you don't have a bucket list, I highly recommend you to create one. How much does it cost? Probably 30 minutes to an hour, or more if you get really caught up in the writing. What do you gain? Significant clarity and focus on what you want from your life. It's an invaluable exchange. If you have already written your bucket list before, take this opportunity to review it. See if there are new items you want to add-on. If so, add them in. Check if all the items listed are still relevant. If not, remove them.

Start writing down what comes to mind as you read these questions:

- What if you were to die tomorrow? What would you wish you could do before you die?
- What have you always wanted to do but have not done yet?
- What will you do if you have unlimited time, money and resources?
- Any countries, places or locations you want to visit?
- What are your biggest goals and dreams?
- What do you want to see in person?
- What achievements do you want to have?
- What experiences do you want to have / feel?
- Are there any special moments you want to witness?
- What activities or skills do you want to learn or try out?
- What are the most important things you can ever do?
- What would you like to say/do together with other people? People you love? Family? Friends?
- Are there any specific people you want to meet in person?
- What do you want to achieve in the different areas: Social, Love, Family, Career, Finance, Health (Your weight, Fitness level), and Spiritual?
- What do you need to do to lead a life of the greatest meaning?

Come up with as many items as you can. The items should be things you have not done yet. Don't stop until you finish listing at least 100 things! If you find yourself stuck, chances are you are mentally limiting/constraining yourself. Release those shackles – This is a list of everything you want to achieve, do, see, feel and experience in your life. Think about a couple of things while you develop this list. Have you found joy in your life? And, has your life brought joy to others? We don't have to get philosophical when we develop this list. Just make a list. If you want to get started now, look at some of my samples I have in my list below:

Get a new or almost new Candy Apple Red Mustang GT
Cruise the East Coast from GA to ME
Sing with a symphony concert choir
Lead a congregation in worship service
See my grandchildren graduate from college
Build a new home
Volunteer in a soup kitchen
Volunteer in habitat for humanity
Do a church mission trip
Visit Alaska via cruise ship
Return to Bermuda
Write & publish a novel
Volunteer with my Power Squadron
Look up an old friend and make a new acquaintance
Look up a long lost relative and make another contact
Make peace with an old adversary
Forgive an enemy and make him a friend for life
You see, that was not so hard. I did this in 10 minutes with a couple of interruptions to boot. Make the bucket list. Live your dreams. Make it happen now!!

See you on the water,
P/C Don Breault
"Liberty"

Winston-Salem Sail & Power Squadron
2013, Nominating Committee Request

August 10, 2012

Dear fellow member,

I am writing to you personally as the chairman of the nominating committee for 2013. As you know, this time of year we need to assemble a slate of officers for our membership to approve at our November monthly meeting. At this time we are in a desperate situation of not having many members who are interested in wanting to step up to the plate as an officer serving the needs of the members of our squadron.

In order for us as a squadron to recharter every year, we must fulfill a certain slate of critical positions so that we can continue as a Sail & Power Squadron operating in District 27. These positions must be filled by members who are able, willing and most important, want to serve.

The foundation of a sail and power squadron is based on offering education, fellowship, and community service. In order to offer these basic services, we must have a **Commander, an Executive Officer, an Educational Officer, an Administrative Officer, a Secretary, and a Treasurer.** The many other positions we need to fill are important but not as critical as these executive committee positions. We do have someone who has volunteered to fill the Secretary and Treasurer position already.

In the past we never had to recycle or depend on a person serving for more than one year at a time. Recently we have had to recycle our officers and get them to serve more than one term. This has caused a drain on the existing group of core people who have been actively involved in this program for several years now. I am fearful that we have reached the point of burning out these core members who time and time again, have answered the call. It is time that we get new people to take their place.

Please join me in developing a list of officers for our next year by stepping up to the plate, and taking a swing at one of these positions listed above in bold. If we fail to fill the position of Commander and Educational Officer, we can not recharter for next year and our squadron that has turned 50 years old a few years ago will cease to exist.

Please contact me if you can help us fill these critical positions for next year. My contact information is listed below.

Yours in Boating,

P/C Don Breault, AP
Home & Office: 336-712-0661, Cell: 336-408-9569
Saltyboats@aol.com or donaldbreault@aol.com

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Call Jim Frazier at (336) 817-5463 before 9pm, if interested.

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Ray Travis
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336-940-3168
simelson@roadrunner.com

Winston-Salem Sail & Power Squadron
Calendar of Events for 2012

Date	Event Date:8/6/2012
August 6, 2012	Executive Committee Meeting "Breault's Boston Bar & Grill"
August 15, 2012	Monthly Meeting. Big Shotz Tavern, Clemmons. "Claiborne Young"
August 17 - 19	Coastal Cruise & Raft-Up "Beaufort, NC"
September 1-5, 2012	Coastal Cruise "Oriental"
September 8, 2012	Commanders Picnic. Creekmore House. High Rock Lake
September 7 - 9, 2012	USPS Fall Governing Board. Detroit, MI
September 15, 2012	Yadkin Valley Wine Tour
October 1, 2012	Executive Committee Meeting "Margie & George Lamb House"
October 10, 2012	Monthly Meeting. Big Shotz Tavern, Clemmons. "Boating In Heavy Weather byAustin Caviness"
October 12-14, 2012	D-27 Fall Conference. Wrightsville Beach
October 13-21, 2012	Coastal Cruise Week. "Pamlico Sound Destinations"
November 5, 2012	Executive Committee Meeting "Cathy & Tom Loveless House"
November 14, 2012	Monthly Meeting. Big Shotz Tavern, Clemmons. "Our Year In Review"
December 3, 2012	Executive Committee Meeting "London Times Lounge"
December 15, 2012	Annual Christmas Party "District Restaurant" Trade St., Winston-Salem

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A PUBLICATION OF

WINSTON-SALEM SAIL AND POWER DISTRICT 27

A Unit of the United States Power Squadrons

WINSTON-SALEM SAIL & POWER SQUADRON
204 Hadley Ct., Winston Salem, NC 27106

15 Aug.	Membership Mtg at Big Shotz, Claiborne Young
17-19 Aug.	Coastal Cruise & Raft-Up at Beaufort
1-5 Sept.	Coastal Cruise at Oriental
8 Sept.	Commander's Picnic at Creekmore's House, High Rock Lake, 3pm, bring food item, BYOB, Chair and $5/person
15 Sept.	Van trip to Westbend, Sander's Ridge, and North State Winerys, 11:30am—?, pre-pay $35/person

BRIDGE

Commander	Cdr Debbie Mayfield, S
Executive Officer	P/C Wayne Creekmore, JN
Administrative Officer	Lt/C Bill Davis, SN
Educational Officer	P/C Dawn Gaskill, AP
Secretary/Treasurer	Lt/C Kathi Vestal, S
Editor/Publisher	Cathy Loveless, S

Please deliver to: